

DEFENCE FIRE & RESCUE SERVICE OPERATIONAL FITNESS ASSESSMENT REPORT

Individuals Details:

An Operational Fitness Assessment was carried out on the person named below:

Surname		Forenames	
Rank/Grade		Staff/Service No	
Station		Date	

Fitness Assessment Result

It is confirmed that all aspects listed on DFRS Form 215 and the standards contained within Medical Standards For Civilian Fire & Rescue Service Personnel Employed On The Mod Estate have been assessed including the Exercise Tolerance Step Test. In my opinion the above named: (* Delete as necessary)

- a.* Is not suffering from any physical or mental disability that would endanger themselves or colleagues in the full and unrestricted performance of their duties.
- b.* Is temporarily unfit to perform their full and unrestricted range of duties for an anticipated period of (enter time) for the reasons stated below.
- c.* Is permanently unfit to perform their full and unrestricted range of duties for the reasons stated below.

Additional Information:

Medical Officers Details

Name (Block Capitals)		Unit Stamp
Qualifications		
Rank/Grade		
Station		
Signature		
Date		